

Trafford Centre Bell Tower Abseil
Sat 20th or Sun 21st September 2014

Thank you for your interest in taking part in the Trafford Centre Bell Tower Abseil, we are delighted you are thinking about joining our brave team taking on this fantastic experience!

What do I need to know?



- No experience is necessary. Full training is given on the day by the professional event management company who run the event.
- The minimum age to take part is 16.
- Your friends and family are welcome to come and watch you on the day.
- Its great fun and a real challenge – 60m high!
- We ask you to raise £100 in sponsorship, and will support you all the way

What do I do if I am interested?



- Complete the form overleaf and return to MASH along with your £40 deposit (Your deposit is non-refundable).
- You will be sent a sponsor pack with sponsor forms, details on how to set up a JustGiving on-line sponsor page and a lovely MASH t-shirt.
- **If you raise over £140 then MASH will refund your deposit, and you will be able to do the abseil for free.**

How will the funds I raise be used?

For many of the women we support leaving sex work feels impossible. Many have complex needs which are exacerbated by the isolating nature of sex work. MASH provides a completely holistic support service that gives the women the opportunity to make real practical changes in their lives.

Last year we helped over 1,000 women, but there is still much work to be done, and your funds can help us reach some of these vulnerable women.

If you have any questions please contact me on the number or email below, I would be really pleased to hear from you.

Kind regards

Helen Clayton
Fundraising & Marketing Coordinator
0161 273 4555
Helenc@mash.org.uk



**Trafford Centre Bell Tower Abseil
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Contact details:

Title: _____
Name: _____
Address: _____

Post Code: _____
Contact Tel No:
(Day): _____ (Evening/Mobile): _____
Email: _____
Date of Birth: _____

MASH will hold your personal data in accordance with the Data Protection Act 1998. MASH does not share your personal data with any other organisation. However, if you would rather not receive further correspondence from MASH please tick this box.

Medical Declaration

Please give details of all medical conditions, including allergies, current conditions (such as diabetes, asthma or epilepsy), and any conditions of the heart or current injuries:

Are you currently receiving any medical treatment and/or taking any medication? Yes no
If yes please give details:

Do you have any special requirements on the day, if so, please tell us how we can help:

Please state your preferred date _____ and time slot either a.m. or p.m. _____
(You will be given an exact registration slot 2 weeks before the event).

I have enclosed a £40 deposit which I understand is non-refundable

I commit to raising £100 in sponsorship

(Please note that if you raise over £140 you can claim back your deposit and therefore do the event for free)

MASH would like to send you a MASH t-shirt for all your hard work. Please state your size S/M/L/XL

Signed _____

Dated _____